

Everyone is Welcome

Please call if you have any questions about becoming a member.



802 885 2568

Hours of Operations:

Monday-Friday: 5:00 a.m – 9:00 p.m.
Saturday: 7:00 a.m. – 6:00 p.m.
Sunday: 9:00 a.m. – 4:00 p.m.

*Hours may change seasonally
info@myreccenter.org
www.myreccenter.org

140 Clinton Street Springfield, VT



Making Healthy Living Accessible to Everyone

Free & Affordable Options at the Edgar May



802 885 2568
www.myreccenter.org

Just some of our FREE & Affordable Opportunities

Membership:

Membersip fees are based on your household size and income. See sliding fee scale inside.



- **FREE Move to Improve** This entry-level class is designed for those looking to begin an exercise program. This entry level class can be done in a chair and many other accommodations are available.

- **FREE Group Exercise Class** Class rotates on a monthly basis to give you an opportunity to try different options. Look for the FREE class on our Group Exercise Schedule.

- **FREE Youth Fitness Class** This FREE class is held in our Fitness Center on Mondays and Thursdays at 4pm. Youth ages 9-15 are eligible for this class.



- **Prescription Exercise Program** Individuals who are referred by a participating physician take part in this important wellness initiative. The PFE program provides individuals with an 8-week program including **Free** membership and weekly meetings with our trained wellness coaches and/or certified trainers.



Strengthening community, Transforming families, Enriching opportunities, Preparing children



Many of our programs for youth and families are eligible for financial assistance through our STEP Program. For more information contact Sarah Tilden, stilden@myreccenter.org



- **FREE Water Aerobics** Class rotates monthly to give you an opportunity to try different options.

- **FREE Springfield Family Swim** Tuesdays 5-7pm and Saturdays 2-4pm. Come in and enjoy our pools with your children and neighbors!

- **FREE Swimming for the Petrified class.** Afraid of the water? We can help, take this 30-minute class and let us help you acclimate to the aqua environment. Led by a seasoned adult instructor in our warm water therapy pool. Take this class as many times as you want to feel comfortable.

- **FREE First Fins Program** provides every Springfield 1st Grade Student with American Red Cross Swimming Lessons. Each December students are provided with a First Fins Certificate that allows them to take a session of our swimming lessons for FREE!

- **Scholarships** are available for Swimming Lessons and Swim Teams.



Pricing for All

The EDGARMAY would like everyone to have access to our programs, regardless of income. Some programs, classes or activities do have a limited number of sliding fee slots.

Funds for Access for All have been made available through the generous contributions of EdgarMay Members, businesses, foundations, and our civic improvement fund. Sliding Fee Scale assistance for some programs and classes may be limited and the EdgarMay reserves the right to modify these policies and the income scale at any time.

Access for All / Sliding Fee Scale Policy

The EdgarMay will not deny anyone a membership or participation in most activities due to lack of funds. While participants are expected to pay their fair share of operating costs, use of the sliding fee scale may be obtained by completing a sliding fee scale application. The amount of assistance is determined by family size and household income. Applicants may receive assistance of 20 – 75% for membership and programs.

Memberships

Adults have two membership options:

Basic or **Premium**

Please review the EdgarMay's membership pricing brochure to determine which membership will meet your needs and budget.

Access For All / Sliding Fee Scale Procedure

This is a very confidential process where only the Executive Director looks at the submitted information. Just follow these steps during the application process:

Step 1: Fill out an application. The EdgarMay reserves the right to refuse assistance based on an incomplete application. Please include proof of income.

Step 2: Once approved, bring your award letter to the front desk to set up your membership. Monthly payments are due by the 15th of each month. If you decide to stop using your membership, you must inform the EdgarMay.

Step 3: Begin using your membership!

Don't forget to schedule your FREE orientation and FREE personal training session.

Sliding Fee Scale Limitations

- Please allow 7-14 days for the EdgarMay to review and process your application for financial assistance.
- Sliding scale discounts are not available for all programs and services (usually these are activities taught or provided by a Non-EdgarMay instructor). Check with the Front Desk for details.
- Use of the sliding fee scale is limited to a first-come, first-serve basis. **Priority is given to Springfield residents.**

Re-applying For Sliding Fee Scale

- Recipients must re-apply every 12 months for assistance.
- Applicants who re-apply in subsequent years are encouraged to write a brief letter explaining how they or their children, benefited from their previous EdgarMay involvement and attach it to their application.
- We encourage all of our members to volunteer at our annual special events.
- If the EdgarMay modifies this policy current members will be given a two month notice.

Sliding Fee Scale for Memberships and Programs Based on Household Size and Gross Income

Household #	Month	Annual	Month	Annual	Month	Annual	Month	Annual	Month	Annual	Month	Annual	Month	Annual	Month	Annual
	75%	75%	70%	70%	60%	60%	50%	50%	40%	40%	30%	30%	25%	25%	20%	20%
1	\$1,180	\$14,200	\$1,375	\$16,500	\$1,510	\$18,200	\$1,650	\$19,850	\$1,830	\$22,000	\$2,060	\$24,800	\$2,275	\$27,300	\$2,560	\$30,000
2	\$1,580	\$19,000	\$1,850	\$22,200	\$2,030	\$24,400	\$2,210	\$26,600	\$2,465	\$29,600	\$2,770	\$33,280	\$3,050	\$36,600	\$3,350	\$40,200
3	\$1,990	\$23,900	\$2,315	\$27,800	\$2,550	\$30,600	\$2,780	\$33,400	\$3,090	\$37,100	\$3,480	\$41,750	\$3,815	\$45,800	\$4,200	\$50,460
4	\$2,395	\$28,750	\$2,790	\$33,500	\$3,065	\$36,800	\$3,350	\$40,200	\$3,720	\$44,640	\$4,180	\$50,200	\$4,600	\$55,200	\$5,060	\$60,700
5	\$2,800	\$33,600	\$3,255	\$39,100	\$3,580	\$43,000	\$3,915	\$47,000	\$4,350	\$52,200	\$4,890	\$58,700	\$5,380	\$64,600	\$5,915	\$71,000
6	\$2,940	\$35,300	\$3,425	\$41,100	\$3,765	\$45,200	\$4,105	\$49,300	\$4,555	\$54,700	\$5,130	\$61,600	\$5,640	\$67,700	\$6,200	\$74,500
7	\$3,305	\$39,700	\$3,850	\$46,200	\$4,250	\$51,000	\$4,625	\$55,500	\$5,140	\$61,700	\$5,790	\$69,500	\$6,365	\$76,400	\$7,000	\$84,000
8	\$3,680	\$44,200	\$4,280	\$51,400	\$4,715	\$56,600	\$5,140	\$61,700	\$5,715	\$68,600	\$6,425	\$77,100	\$7,065	\$84,800	\$7,780	\$93,300
Per add'l person	\$375	\$4,500	\$430	\$5,200	\$475	\$5,700	\$515	\$6,200	\$575	\$6,900	\$650	\$7,800	\$715	\$8,600	\$780	\$9,400